

PHOSPHOLIPIDS FOR LIFE

**NOVASTELL**  
ESSENTIAL INGREDIENTS

# Brain Nutrition

We boost your intellectual performance



Neuroserine®

Memory improvement



Lecimarine®

to supply the essential nutrients to the brain



**SCIENTIFICALLY  
PROVEN**



Cholinactive®

Phosphatidylcholine  
as a carrier for choline



Phosphamax®

PREMINITY PAS

Stress management

# Brain Nutrition

## Support for enhanced brain performance



### Neuroserine®

Nootropic for memory enhancement

Phosphatidylserine is also known as “the brain phospholipid”, an essential nootropic which improves memory and brain performances. Neuroserine® is available from soy and sunflower origin, from 20 up to 70% concentrations.



### Lecimarine®

Support for brain nutrition & performances

The phospholipids in Lecimarine® are the natural and most efficient carriers of nutrients to the brain. They protect the DHA and choline naturally present in Lecimarine®, during their gut and blood transport, allowing them to cross the blood brain barrier and to be delivered to nervous cells.



### Phosphamax PAS®

For stress management

A blend of phosphatidylserine (Neuroserine®) and phosphatidic acid (Phosphamax®) had been scientifically proven to improve stress management, decreasing cortisol and ACTH. Phosphamax PAS® helps to maintain stress at a positive and productive level. A study in woman suffering from pre-menstrual syndrom showed that Phosphamax PAS® also helps to alleviate the mental consequences of PMS, improving the social relations and well-being. Preminity® is dedicated to woman health and PMS.



### Cholinactive®

The essential way to supply choline

Phosphatidylcholine is an efficient way to protect and supply choline to the body, used as a substrate to produce the neurotransmitter acetylcholine. Phosphatidylcholine is also the form which allows choline to cross the blood-brain barrier and to reach the brain. Cholinactive® is a complete range of phosphatidylcholine fractions up to 90% concentration, from soy and sunflower, adapted to all galenic formulations.