

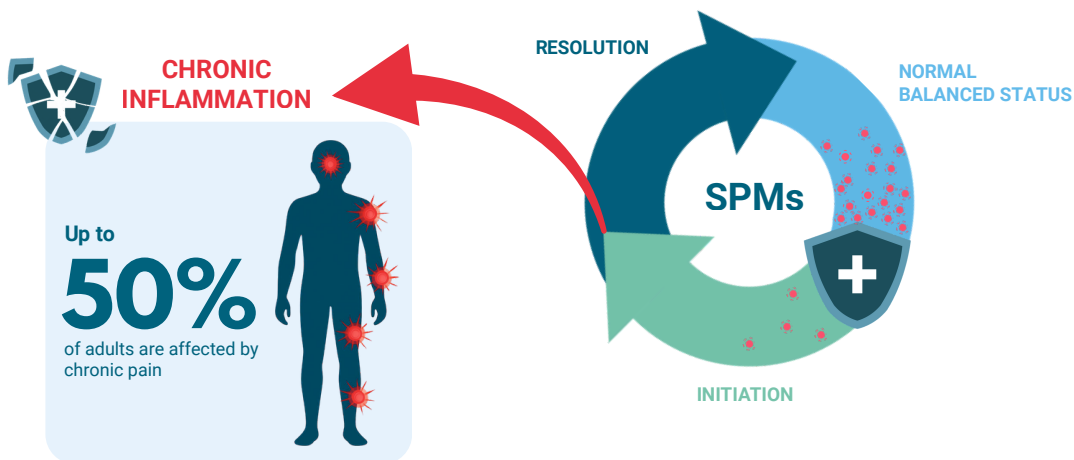
RESOLVE

PHOSPHOLIPIDS FOR LIFE

Control inflammation with marine phospholipids and  $\omega$ -3

## INFLAMMATION

YOUR BEST ALLY OR YOUR WORST ENEMY



Mills S.E.E. et al. (2019)



### SPMs

Preformed SPMs: immediate and reproducible anti-inflammatory effects

### $\omega$ -3

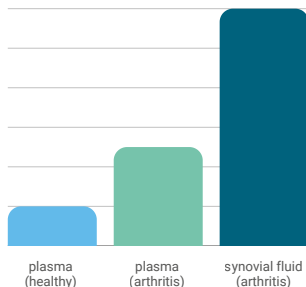
Long-chain omega-3 fatty acids: sources of SPMs for sustained action

### Phospholipids

Storage in cell membranes:  $\omega$ -3 readily available for SPMs production

# PHOSPHOLIPID $\omega$ -3 AND SPMs

**Immediate relief, long-term inflammation control**



## Inflammation & SPMs content

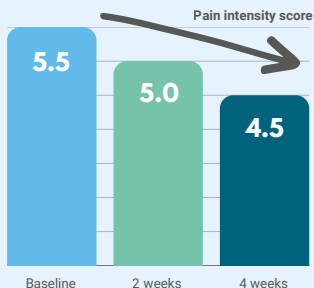
When inflammation occurs, boosting SPM production from long-chain  $\omega$ -3 is key.

Barden A.E. et al. (2016)

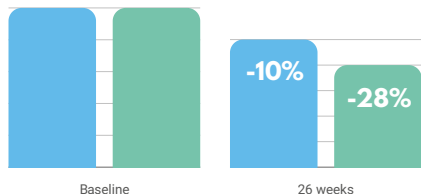
## Reduction in knee pain intensity following $\omega$ -3 and SPM supplementation

SPMs are naturally involved in inflammation, actively supporting its resolution while preserving its effectiveness.

Callan N. et al. (2020)



- Physiological response alone
- With SPMs supplementation



## Skin inflammation severity

Skin inflammation is multifactorial, with contributing factors such as stress and psychological responses. SPM supplementation reduces inflammation and supports healthy skin condition.

Tveit K.S. et al. (2020)

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